

## WEBINAR: Trauma, Addiction and Wellness: A Lawyer's Every Day Guide to Wellness Every Day

**Speaking Engagements & Seminars** 

04.24.2019

Location: webinar

When: 4/24/2019 2:00 PM - 3:00 PM

Where: Webinar

Archer Faculty: Stephanie J. Zane, Esq.

**Overview**: The impact of trauma on people who provide service (you) to those who suffer from trauma (your clients) is a downside to practicing law, and exposure to traumatic stories can lead to serious mental health concerns, including depression and anxiety. While not all legal professionals turn to substance use as a means of coping, many do. Practicing the law with professionalism requires that attorneys be healthy and able to engage in good decision-making.

View the event flyer here.

## **Attachments**

Trauma Addiction Wellness Description Agenda and Bios

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